



# 2019 Annual UBC Chan Gunn Lecture

Thursday, October 24, 2017 | 5:30 - 7:30PM

5:30PM - Refreshments Served

6:00PM - Lecture Starts

Rudy North Lecture Theatre, Lower Level  
Djavad Mowafaghian Centre for Brain Health  
2215 Westbrook Mall, Vancouver, BC V6T 1Z3

## Practical Application of Gunn IMS to Clinical Challenges

**Speakers: Cory Choma, Lorrie Maffey, Susan Massitti**

Intramuscular Stimulation (IMS) is a non-invasive, minimally-invasive, non-pharmacological approach to the management of chronic pain. It is a form of electrostimulation that is applied to specific motor points in the muscle. The electrical current stimulates the motor point, which causes the muscle to contract. This contraction produces heat and mechanical effects that can help to reduce pain and improve function. IMS is a safe and effective treatment for a variety of chronic pain conditions, including back pain, neck pain, and joint pain. It is also used for the treatment of spasticity and dystonia. IMS is a non-pharmacological approach to the management of chronic pain, and it is a safe and effective treatment for a variety of chronic pain conditions.



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

**Faculty of Medicine**

Each year, distinguished scholars/clinicians are invited to speak at the UBC-Chan Gunn Annual Lecture about issues related to IMS and neuropathic pain. This lecture is held in honour of Dr. Chan Gunn and his generous contributions.

Questions? Please contact [anna.scales@ubc.ca](mailto:anna.scales@ubc.ca)